

IMPORTANT DATES

DATE	EVENTS	VENUE	TIME
6/09/2010	Closing date for entries	-	-
30/09/2010	Closing date for late entries	-	-
5/12/2010	DISTRIBUTION OF NUMBERS	NATIONAL STADIUM, BUKIT JALIL	11.00 AM - 5.00 PM
	TRAINING CENTRE IN OPERATION	NSC TRACK, BUKIT JALIL	7.00 AM – 11.00AM 3.00 PM – 6.00 PM
	TEAM MANAGERS MEETING	NATIONAL STADIUM , BUKIT JALIL	3.00 PM
6/12/2010	AMA COUNCIL MEETING	HOTEL CITITEL, KL	9.00 AM
	16TH AMAC 2010 OPENING CEREMONY	NATIONAL STADIUM, BUKIT JALIL	4.00 PM
	BANQUET	(will be informed later)	7.00 PM
7 /12/2010	TRACK / FIELD (DAY 1)	S1 & S2	7.00 AM - 8.00 PM
8 /12/2010	AMA GENERAL ASSEMBLY	HOTEL CITITEL, KL	7.00 PM
	TRACK / FIELD (DAY 2)	S1 & S2	7.00 AM - 8.00 PM
9 /12/2010	TRACK / FIELD (DAY 3)	S1 & S2	7.00 AM - 8.00 PM
10/12/ 2010	TRACK / FIELD (DAY 4)	S1 & S2	7.00 AM - 8.00 PM
11/12/ 2010	TRACK / FIELD (DAY 5)	S1 & S2	7.00 AM - 5.00 PM
	16TH AMAC 2010 CLOSING CEREMONY	NATIONAL STADIUM, BUKIT JALIL	5.30 PM

AMA SUB EVENT

12 /12/2010	AMA 10KM RUN	DATARAN MERDEKA, KUALA LUMPUR	7.30 AM – 10.30 AM
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